

ANNEX A: Instructions for Removing Personal Protective Equipment

This annex may be used with audit tools that include elements related to removal of personal protective equipment (PPE). PPE is removed correctly if it is done in the manner outlined below:

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| Taking off Gloves | |
| Grasp outside edge of gloves near the wrist | |
| Peel gloves away from the hand and turn inside-out | |
| Hold first glove in the opposite gloved hand | |
| Slide ungloved finger under the wrist of the remaining glove | |
| Peel glove off from the inside, creating a bag for both gloves | |
| Discard gloves | |
| Taking off Gown | |
| Unfasten ties first | |
| Peel gown away from the neck and shoulder | |
| Turn contaminated side of gown inward | |
| Roll gown off the arms into a bundle | |
| Discard gown in a manner that minimizes air disturbance into a designated receptacle for laundering or disposal | |
| Perform hand hygiene on removal of gown, using soap and water or ABHR | |
| Taking off Eye Protection (if not attached to mask) | |
| Grasp ear or head pieces are grasped with ungloved hands | |
| Lift eye protection away from face | |
| Place eye protection in a designated receptacle for reprocessing or disposal | |
| Prescription eyeglasses are not effective eye protection | |
| Taking off Mask (with or without attached eye protection) | |
| Remove mask by untying the bottom tie and then top tie, or removing ear loops | |
| Lift mask away from the face while holding the ties or loops | |
| Discard mask into waste receptacle | |
| Perform hand hygiene , using soap and water or ABHR | |
| Taking off N95 Respirator | |
| Grasp bottom elastic band and lift over the head | |
| Grasp top band and lift the respirator away from the face while holding the elastic band (do not touch front of respirator) | |
| Discard respirator into waste receptacle | |
| Perform hand hygiene , using soap and water or ABHR | |

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Images courtesy of Ontario Ministry of Health and Long-Term Care

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